#### THE REGIONAL EMERGENCY MEDICAL SERVICES COUNCIL OF NEW YORK CITY PROTOCOLS

# Ventricular Fibrillation / Pulseless Ventricular Tachycardia (Adult)

## **Paramedic**

- 1. Continue CPR and defibrillation cycles.
  - a. Defibrillate using the maximum joule setting possible.
- 2. After second rhythm analysis, perform advanced airway management.
- 3. Intravascular access.
- 4. Administer Epinephrine 1 mg (10 ml of a 1:10,000 Solution) IV bolus.
- 5. If there is no change in the rhythm, administer Amiodarone 300 mg, IV bolus.
- 6. If there is no return of spontaneous circulation (ROSC) administer Epinephrine 1 mg (10 ml of a 1:10,000 solution) IV bolus, every 3 5 minutes.
- 7. After 20 minutes of ALS treatment, consider contacting Online Medical Control if contact has not already been made, for additional orders, or termination of resuscitation.

## Paramedic STOP

# **Medical Control Options**

If there is insufficient improvement in hemodynamic status:

- 1. If Ventricular Fibrillation or Pulseless Ventricular Tachycardia recurs, a repeat dose of Amiodarone 150 mg, IV bolus may be given.
- 2. Administer Sodium Bicarbonate 44-88 mEg IV bolus.
  - Repeat doses of Sodium Bicarbonate 44 mEq, IV bolus, may be given every 10 minutes.
- 3. Administer Magnesium Sulfate 2 gm, IV bolus diluted in 10 ml of Normal Saline (0.9% NS), over 2 minutes.
- 4. In cases of suspected hyperkalemia or Calcium Channel Blocker overdose, administer Calcium Chloride (CaCl<sub>2</sub>) 1 gm, **slowly**, IV bolus. Follow with a crystalloid fluid flush.

### **Key Points / Considerations**

- 1. Do not interrupt compressions for placement of an advanced airway.
- 2. Maximum joule setting may vary depending on the defibrillator in use.
- 3. Calcium Chloride and Sodium Bicarbonate should be given in separate IV lines or separated by a flush of at least 20 ml of crystalloid fluid.

Regional Emergency Medical Advisory Committee of New York City Prehospital Treatment Protocols | version 02112020

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