THE REGIONAL EMERGENCY MEDICAL SERVICES COUNCIL OF NEW YORK CITY PROTOCOLS

Supraventricular Tachycardia (Adult)

Paramedic

- 1. For patients with unstable SVT:
 - a. Perform synchronized cardioversion using 100 joules.
 - b. Repeat synchronized cardioversion as necessary using 200, 300, 360 joules.
- 2. For patients with stable SVT:
 - a. Administer Adenosine 6 mg, IV bolus, rapidly, followed by a crystalloid fluid flush.
 - b. Observe EKG monitor for 1-2 minutes for evidence of cardioversion.
 - c. If there is no change, administer Adenosine 12 mg, IV bolus, rapidly, followed by a crystalloid fluid flush.
 - d. If there is no change, repeat Adenosine 12 mg, IV bolus, rapidly, followed by a crystalloid fluid flush.

Paramedic STOP

Medical Control Options

If Adenosine fails to convert the dysrhythmia:

- 1. If complex width is narrow and the patient is stable:
 - a. Administer Diltiazem* 0.25 mg/kg IV, slowly over 2 minutes, monitoring blood pressure continuously.
- 2. If complex width is narrow and the patient is unstable:
 - a. Perform synchronized cardioversion using 100 joules.
 - b. Repeat synchronized cardioversion as necessary using 200, 300, 360 joules.
- 3. Administer Amiodarone 150 mg, diluted in 100 ml D₅W over 10 minutes IV Infusion.

Key Points / Considerations

- 1. Refer to considerations above in the Dysrhythmia (Adult) protocol.
- 2. *Drug Advisories:
 - a. Diltiazem must be used with caution in patients with liver or kidney disease, congestive heart failure, atrioventricular conduction abnormalities, and/or hypotension. Online Medical Control should be alerted to these conditions, and the dose should be reduced to half the normal dose.

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