THE REGIONAL EMERGENCY MEDICAL SERVICES COUNCIL OF NEW YORK CITY PROTOCOLS

Pulseless Electrical Activity (PEA) / Asystole (Adult)

Paramedic

- 1. Continue CPR with minimal interruption.
- 2. For suspected tension pneumothorax, follow Appendix O (Needle Decompression of Tension Pneumothorax).
- 3. Perform advanced airway management.
- 4. Intravascular access.
- 5. Administer Epinephrine 1 mg (10 ml of a 1:10,000 Solution) IV bolus.
- 6. Obtain a blood glucose level.
 - a. If the glucometer reading is below 60 mg/dL, administer up to 25 gm of Dextrose, IV bolus.
- 7. If there is no return of spontaneous circulation (ROSC), administer Epinephrine 1 mg (10 ml of a 1:10,000 solution), IV bolus, every 3-5 minutes.
- 8. After 20 minutes of ALS Standing Orders, consider contacting Online Medical Control if contact has not already been made, for additional orders, or termination of resuscitation.

Paramedic STOP

Medical Control Options

If there is insufficient improvement in hemodynamic status:

- 1. Administer Sodium Bicarbonate 44-88 mEq IV bolus.
 - a. Repeat doses of Sodium Bicarbonate 44 mEq, IV bolus, may be given every 10 minutes.
- 2. In cases of suspected hyperkalemia or Calcium Channel Blocker overdose, administer Calcium Chloride (CaCl₂) 1 gm, **slowly**, IV bolus. Follow with a crystalloid fluid flush.
- 3. Crystalloid fluid, up to three (3) liters.

Key Points / Considerations

- 1. Do not interrupt compressions for placement of an advanced airway.
- 2. Consider the possibility of conditions masquerading as PEA/Asystole which require immediate treatment.
- 3. If the glucometer reading is above 60 mg/dL, Dextrose should be withheld.
- 4. Calcium Chloride and Sodium Bicarbonate should be given in separate IV lines or separated by a flush of at least 20 ml of crystalloid fluid.

Page | 6

Regional Emergency Medical Advisory Committee of New York City
Prehospital Treatment Protocols | version 02112020