#### THE REGIONAL EMERGENCY MEDICAL SERVICES COUNCIL OF NEW YORK CITY PROTOCOLS

## **Obstructed Airway (Adult)**

## **CFR AND ALL PROVIDER LEVELS**

- 1. If the patient is conscious and can breathe, cough, speak, or cry:
  - a. Encourage coughing.
- 2. If the patient is unconscious or cannot breathe, cough, speak, or cry:
  - a. Perform airway maneuvers or CPR, as per current AHA guidelines.
- 3. If airway obstruction is relieved:
  - a. ABCs and vital signs.
  - b. Airway management, and appropriate oxygen therapy.

## CFR STOP

#### EMT

- 4. Request ALS assistance.
- 5. Transport.
- Continue obstructed airway maneuvers enroute to the hospital until the foreign body is dislodged.

# EMT STOP

### **Paramedic**

- 7. Perform direct laryngoscopy, attempt to remove the foreign body with Magill Forceps.
- 8. Perform Advanced Airway Management.
- 9. If able to confirm intubation via direct visualization, but unable to ventilate:
  - a. Note the Endotracheal Tube depth.
  - b. Deflate the Endotracheal Tube cuff if using a cuffed tube.
  - c. Advance the Endotracheal tube to its deepest depth.
  - d. Return the Endotracheal Tube to its original depth.
  - e. If using a cuffed tube, re-inflate the Endotracheal Tube cuff and attempt ventilation again.
  - f. If unable to effectively ventilate the patient using the above maneuvers, immediately initiate transport.

### Paramedic STOP

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#### THE REGIONAL EMERGENCY MEDICAL SERVICES COUNCIL OF NEW YORK CITY PROTOCOLS

# **Obstructed Airway (Pediatric)**

## **CFR AND ALL PROVIDER LEVELS**

- 1. If the patient is conscious and can breathe, cough, speak, or cry:
  - a. Encourage coughing.
- 2. If the patient is unconscious or cannot breathe, cough, speak, or cry:
  - a. Perform airway maneuvers or CPR, as per current AHA guidelines.
- 3. If airway obstruction is relieved:
  - a. ABCs and vital signs.
  - b. Airway management, and appropriate oxygen therapy.

## CFR STOP

#### EMT

- 4. Request ALS assistance.
- 5. Transport.
- 6. Continue obstructed airway maneuvers enroute to the hospital until the foreign body is dislodged.

# EMT STOP

### **Paramedic**

- 7. Perform direct laryngoscopy, attempt to remove the foreign body with Magill Forceps.
- 8. Perform Advanced Airway Management.
- 9. If able to confirm intubation via direct visualization, but unable to ventilate:
  - a. Note the Endotracheal Tube depth.
  - b. Deflate the Endotracheal Tube cuff if using a cuffed tube.
  - c. Advance the Endotracheal tube to its deepest depth.
  - d. Return the Endotracheal Tube to its original depth.
  - e. If using a cuffed tube, re-inflate the Endotracheal Tube cuff and attempt ventilation again.
  - f. If unable to effectively ventilate the patient using the above maneuvers, immediately initiate transport.

# Paramedic STOP

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