#### THE REGIONAL EMERGENCY MEDICAL SERVICES COUNCIL OF NEW YORK CITY PROTOCOLS

# Hyperglycemia (Adult and Pediatric)

## **CFR AND ALL PROVIDER LEVELS**

- 1. If signs of shock, treat under the Shock / Sepsis (Adult), or Shock / Sepsis (Pediatric) protocol.
- 2. ABCs and vital signs.
- 3. Airway management, and appropriate oxygen therapy.
- 4. Maintain body temperature.

# CFR STOP

#### EMT

- Determine Blood Glucose Level.
  - a. Request ALS assistance for patients with a Blood Glucose Level above 300 mg/dL, **AND** altered mental status, tachypnea, or signs of dehydration.

### EMT STOP

#### **Paramedic**

- 6. If patient is demonstrating signs of inadequate ventilation, perform Advanced Airway Management.
- 7. Intravascular access for patients with any of the following:
  - A Blood Glucose Level above 300 mg/dL with altered mental status, tachypnea, or signs of dehydration
  - b. A Blood Glucose Level above 500 mg/dL
  - c. A glucometer reading of "high", "HI", or "check ketones"
- 8. For Adult patients:
  - a. Crystalloid fluid, up to a maximum of 1 liter\*.
- 9. For pediatric patients:
  - a. Crystalloid fluid, 20 ml/kg, to a maximum of 1 liter\*.
- 10. Begin cardiac monitoring.
- 11. Transport.

## Paramedic STOP

### **Medical Control Options**

- 1. Adult patients:
  - a. Administer one (1) additional liter of crystalloid fluid.
- 2. Pediatric patients:
  - a. Administer an additional bolus of 10 ml/kg (maximum of 1 liter) of crystalloid fluid.

### **Key Points / Considerations**

- 1. \*Accurate documentation of pre-arrival fluid administration is required.
- 2. Refer all weight based fluids/medications to a Length Based Dosing Device.

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