#### THE REGIONAL EMERGENCY MEDICAL SERVICES COUNCIL OF NEW YORK CITY PROTOCOLS

## **Carbon Monoxide (Adult and Pediatric)**

# **CFR AND ALL PROVIDER LEVELS**

- 1. Ensure that the scene is safe to enter.
- 2. Remove the patient from the contaminated environment.
- 3. ABCs and vital signs.
- 4. Airway management.
- 5. Administer oxygen via non-rebreather.
- 6. Assess for shock and treat, if appropriate (see the Shock / Sepsis (Adult), or Shock / Sepsis (Pediatric) protocol).

## CFR STOP

#### **EMT**

- 7. Obtain patient's carbon monoxide level (SpCO) if available and trained to do so.
- 8. Transport.

# EMT STOP

#### **Paramedic**



# **Key Points / Considerations**

- 1. Patients who are pregnant, symptomatic, or have a SpCO level > 25% are considered high risk and must be taken to the hospital for evaluation.
- 2. Symptoms of Carbon Monoxide poisoning include:
  - a. Syncope
  - b. Headache
  - c. Chest pain
  - d. Nausea / vomiting

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