# THE REGIONAL EMERGENCY MEDICAL SERVICES COUNCIL OF NEW YORK CITY

### PROTOCOL APPENDICES

# APPENDIX P: USE OF THE CONTINUOUS POSITIVE AIRWAY PRESSURE (CPAP) DEVICE

Scope:

EMTs and Paramedics may utilize Continuous Positive Airway Pressure (CPAP), for any appropriate indication as authorized by the service medical director.

#### **INCLUSION CRITERIA**

- 1. 15 years of age or older.
- 2. Be Alert, cooperative, and able to maintain an open, patent airway on their own.
- 3. Respiratory distress.

### **EXCLUSION CRITERIA**

- 4. Respiratory failure or need for immediate Endotracheal Intubation.
- 5. Systolic blood pressure less than 100 mmHg.
- 6. Airway Obstruction.
- 7. Facial burns with possible airway involvement.
- 8. Trauma.
- 9. Suspected pneumothorax.
- 10. Active vomiting, upper GI bleeding or other aspiration risks.
- 11. Inability to tolerate the mask due to pain or discomfort.
- 12. An adequate mask seal is unobtainable.

NOTE: CPAP IS TO BE IMMEDIATELY DISCONTINUED IF ANY OF THE EXCLUSION CRITERIA DEVELOP.

Page | 45