

Atrial Fibrillation / Atrial Flutter (Adult)**Paramedic**

Unstable Atrial Fibrillation or Atrial Flutter:

1. Perform synchronized cardioversion using 100 joules.
2. Repeat synchronized cardioversion as necessary using 200, 300, 360 joules.

● Paramedic STOP**Medical Control Options**

1. If synchronized cardioversion fails to convert the dysrhythmia, or the patient has stable Atrial Fibrillation or Atrial Flutter (generally with a heart rate of 150 beats per minute or higher):
 - a. Administer Diltiazem* 0.25 mg/kg IV bolus, slowly over 2 minutes, monitoring blood pressure continuously.
 - b. Administer Amiodarone 150 mg, diluted in 100 ml D₅W over 10 minutes IV infusion.

Key Points / Considerations

1. **Refer to considerations above in the Dysrhythmia (Adult) protocol.**
2. ***Drug Advisories:**
 - a. **Diltiazem** - must be used with caution in patients with liver or kidney disease, congestive heart failure, atrioventricular conduction abnormalities, and/or hypotension. Online Medical Control should be alerted to these conditions, and the dose should be reduced to **half** the normal dose.