THE REGIONAL EMERGENCY MEDICAL SERVICES COUNCIL OF NEW YORK CITY

Hyperglycemia (Adult and Pediatric)

CFR and All Provider Levels

- 1. ABCs and vital signs
- 2. Airway management and appropriate oxygen therapy
- 3. Evaluate and treat for shock as needed

CFR STOP

EMT

- 4. Obtain blood glucose level (BGL) and request ALS assistance for patients with a BGL > 300 mg/dl AND any of the following conditions: altered mental status, tachypnea, or signs of dehydration
- 5. Transport

EMT STOP

Paramedic

- 6. Perform advanced airway management as needed
- 7. Obtain intravascular access for patients with any of the following:
 - BGL > 300 mg/dl AND any of the following conditions: altered mental status, tachypnea, or signs of dehydration
 - BGL > 500 mg/dl
 - Glucometer reading of "high", "HI", or "check ketones"
- 8. If intravascular access was obtained, administer crystalloid fluid 20 ml/kg IV (maximum 1 L)
- 9. Begin cardiac monitoring

Paramedic STOP

Medical Control Options

10. Administer crystalloid fluids 20 ml/kg IV (maximum 1 L)

Key Points / Considerations

Document the amount of crystalloid fluids administered